

The Ontario Network of Sexual  
Assault / Domestic Violence  
Treatment Centres (SATC)

*In partnership with*  
Women's College  
Research Institute (WCRI)

*Funding provided by*  
The Canadian Institutes of  
Health Research (CIHR)

Knowledge-to-Action



Spring 2007

# HIV PEP Program *UPDATE*

## Plans for KTA Phase II

As you are well aware of by now, Phase II of the Knowledge-to-Action (KTA) project has been funded! In February 2007, the Canadian Institutes of Health Research (CIHR) granted the Network and its partners \$100,000 to continue the project until August 2008. The 3 key goals of this phase are:

**TRAINING** As of March 31, 2007, training has been delivered by Sheila Macdonald in the 10 SATCs that were not trained as part of the initial Study; all of Ontario's 34 SATCs are currently offering HIV PEP. In Phase II, both online & in-person training will be developed and available for all SATCs to ensure that the knowledge generated in the HIV PEP Study and KTA Phase I is shared consistently across the province. Online training, currently in development, will consist of brief modules dedicated to specific topics of interest. Core module content is complete and filming has already begun. Over the summer the research team will work with an external consultant to edit and refine the final product. In-person training will also be available for those interested SATCs requiring additional support. Following your review of the online training package, we will contact all SATC Coordinators to determine site-specific needs for supplemental training and how best to address them in the Fall. KTA resources will be allocated to target those sites that will benefit most from in-person training. We will update you regarding future training plans via newsletters and e-mails to Coordinators.

As training development winds down over the summer, the focus of the project will shift to strengthening intra-Network HIV

PEP collaboration and to facilitating outreach with the community at both the provincial and local levels.

**CAPACITY BUILDING** Health care provider feedback gathered throughout the KTA project has consistently pointed to centralized coordination as a critical element to ensure the ongoing success of the HIV PEP program. Starting this summer, strategies to establish the Network as the central coordinating body for HIV PEP delivery will be developed. A permanent Advisory Committee will be created to offer guidance and content expertise, and to support the Network in developing a strategic plan for longer-term coordination. In Spring 2008, opportunities to participate in SANE-led community outreach sessions will be supported by project funding. Look for more information in upcoming newsletters.

**DISSEMINATION** The final objective of this project is to broadly disseminate KTA findings. The HIV PEP program is a tremendous success – sharing information with other jurisdictions will provide an opportunity for them to learn from our experiences and may provide guidance towards the development or enhancement of HIV prevention care for victims/survivors of sexual assault in other regions. Dissemination activities will include: distributing summary reports and KT tools to all provincial and territorial Ministries of Health, publishing articles about the knowledge transfer process and presenting at academic conferences, presenting to community groups throughout the province, and ensuring that all knowledge generated over the course of the KTA project is accessible on the Network website.

### KNOWLEDGE-TO-ACTION

#### Community Partner:

Ontario Network of Sexual  
Assault / Domestic Violence  
Treatment Centres

#### Research Team:

Sheila Macdonald  
*Co-Principal Investigator*  
*Provincial SATC Network Coordinator*

Dr. Mona Loutfy  
*Co-principal Investigator*  
*HIV Physician & Researcher*

Heather McPherson  
*Investigator*  
*Chief of Health Disciplines*

Dr. Alice Tseng  
*Investigator*  
*HIV Pharmacist & Researcher*

#### Research Staff:

Terri Myhr  
*Research Manager & Statistician*

Shannon Balla  
*Knowledge Exchange Officer*

Heather Husson  
*Project Coordinator*

The Ontario Network of Sexual  
Assault / Domestic Violence  
Treatment Centres (SATC)

*In partnership with*  
Women's College  
Research Institute (WCRI)

*Funding provided by*  
The Canadian Institutes of  
Health Research (CIHR)

## Phase I Evaluation Update

- ✓ Evaluation surveys were circulated to SATC Coordinators to assess team satisfaction with the KTA process
- ✓ Response rate high
- ✓ Feedback very positive
- ✓ Teams felt their input was listened to & that the KT Tools would assist in HIV care delivery
- ✓ Suggestions for ensuring ongoing engagement of SATC staff (re: training & outreach) have been integrated into planning

*For information contact:*

Heather Husson  
KTA Project Coordinator  
Ph: (416) 351-2538  
heather.husson@wchospital.ca

790 Bay Street, 7th Floor  
Toronto, ON M5G 1N8

## Knowledge Transfer (KT) Tools: Update

In response to the research team's December 2006 call for SATC teams to review the KT Tools, 4 SATC teams volunteered their time and assisted with the pilot. Thank you to all the staff at:

- \* Kingston General Hospital's Sexual Assault/Domestic Violence Program
- \* Peel Region's Sexual Assault/Domestic Violence Program
- \* Sioux Lookout's Assault Care & Treatment Program
- \* Women's College Hospital's Sexual Assault/Domestic Violence Care Centre

Your feedback guided the revision process, providing valuable suggestions that greatly enhanced the materials developed. Electronic versions of all KT Tools were distributed to Coordinators at the April 12<sup>th</sup> meeting in Toronto. An outline of the training modules currently in development was circulated to the coordinators and feedback was requested to ensure that no important training themes had been missed.

The following is a list of all KT Tools and an overview of their intended purpose(s):

**Revised Medical Guidelines** (including new Paediatric Dosing Charts, new Contraindications Quick Reference Chart, revised HIV Risk Assessment, revised Initial Visit & Follow-up Visits Flow Charts): to reflect updates in research literature and drug information, integrate HIV PEP Study findings, streamline HIV PEP delivery process, clarify roles and responsibilities, and reflect changes in HIV risk assessment.

**Revised Nursing Documentation** (Initial Visit & Follow-up Visits Checklists): to integrate HIV PEP into current nursing forms in order to

streamline and simplify the documentation process.

**Simplified and Updated Client Handouts** (HIV Risk Assessment pamphlet & HIV PEP Information booklet): to address HCP concerns regarding accessibility of original client information using simpler language, graphics and enhancing/updating the information provided.

**Fact Sheets** (for Pharmacists & for Physicians): to provide targeted, concrete and concise HIV PEP information for allied HCPs.

**Frequently Asked Questions** (for Health Care Providers & for Clients): to respond to HCP questions arising out of the HIV PEP Study and KTA process, and to provide clients with answers to key HIV PEP questions in accessible language.

**Practice Scenarios for HCPs:** to provide case examples for SATC staff to work through independently or as a team.

**PowerPoint Orientation Package** (for Hospital Clinical Teams & for Community Agencies): to provide an overview of the HIV PEP program and to raise awareness about the program with target client populations (community-focused package).

**Counselling Guidelines** for HIV PEP & HIV Testing (Pre & Post Test): to support HIV care in SATCs.

**Sample Practice Documentation** (including Medical Directives, Physician Pre-Printed Order forms, Client Medication History form): to provide examples for SATCs wishing to tailor their services.

**You can download KT Tools at:**

[www.satcontario.com/HIVPEP](http://www.satcontario.com/HIVPEP)