Entering our second year:
Celebrating International Women’s Day

Women’s Age Lab has entered our second year, and we are excited to share our progress and the impact we are making. We have been busy promoting and implementing the sex and gender dimension into research, funded by GenderNET, at international conferences and workshops. We have been busy highlighting our work across our four key pillars: combatting gendered ageism, supporting healthy aging, promoting evidence-informed practice, and advancing equity and diversity. Women’s Age Lab scientists have recently had exciting opportunities to present our iKASCADE research at national and international conferences, including the GenderNET Workshop “Integrating Gender Analysis Into Research” in Brussels, Belgium (February 2023). We presented posters at the GenderNET Workshop “Integrating Gender Analysis Into Research” and discussed approaches for integrating gender and sex-based analysis into research at the University Health Network (NORCs) innovation centre in London, England (September 2022).

Presenting Cascades on the International Stage
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Women’s Age Lab has created a toolkit to raise awareness about the unique needs of older women and to support the development of new programs and services. We have been busy promoting and implementing the sex and gender dimension into research, funded by GenderNET, at international conferences and workshops. We have been busy highlighting our work across our four key pillars: combatting gendered ageism, supporting healthy aging, promoting evidence-informed practice, and advancing equity and diversity. Women’s Age Lab scientists have recently had exciting opportunities to present their research at international conferences and workshops. We have been busy highlighting our work across our four key pillars: combatting gendered ageism, supporting healthy aging, promoting evidence-informed practice, and advancing equity and diversity.

What Works Best to Support Older Adults to Age in Place?
Women’s Age Lab has just been awarded six years of federal funding from the Canadian Institutes of Health Research (CIHR) to continue their work on improving healthy aging at a population level within Naturally Occurring Retirement Communities (NORCs). NORCs provide an opportunity to deliver onsite social supports and health services in effective and efficient ways. Many older people live in the community, clustered in buildings or neighbourhoods, known as NORCs. The potential of NORCs has yet to be fully realized in Canada. NORCs provide an opportunity to deliver onsite social supports and health services in effective and efficient ways. Many older people live in the community, clustered in buildings or neighbourhoods, known as NORCs. The potential of NORCs has yet to be fully realized in Canada.

In-Home Care: What Works Best to Support Older Adults to Age in Place?
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